



LIVE OAK

GROWTH • IDENTITY • CHANGE

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LOGIC 2012
Returning to Our Roots While Attending to Our Futures
Registration Form

Psychotherapy & Yoga: Philosophy, Technique, and Practice

Friday, February 17, 2012
9:00 am – 4:30 pm
6 CEU

Many clinicians have experienced and understand the benefits of traditional yoga and mindfulness practices and frequently refer clients to outside classes and programs. How can we as clinicians, bring these beneficial methods to our existing practices, reaching those clients who are too anxious, scared, or self-conscious to seek outside resources? How do we translate a physically based practice into a traditional psychotherapy session? Lastly, if we have an existing Yoga practice, how can it enhance our skills and inform our therapeutic styles as clinicians?

This workshop will provide participants with a knowledge base and yoga based strategies to integrate into traditional psychotherapy practices. Experiential activities, partner work, and reflective opportunities will allow participants to deepen their understanding of therapeutic yoga principles to begin using these practices immediately.

Location: 1300 W. Belmont, Chicago
***Fee: \$100**
(Full Day Training---Lunch On Your Own)

Please complete and return this form via fax, e-mail, or U.S. mail.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ E-Mail: _____

Space in this workshop is limited. Your spot will be confirmed only upon receipt of payment.

**Total Amount Enclosed: _____

Type of Payment (underline one) cash check credit card

Credit Card (underline one) Visa Mastercard Discover

Credit Card Number: _____ Exp. Date: _____

Your Signature Date

*At Live Oak, we recognize the impact the economy has had on our work individually and collectively. In an effort to support professional growth, all workshops offered through LOGIC 2012 have returned to their 2005 costs: each three hour workshop is \$60, and the cost of each six hour workshop is \$100. **Students and unemployed professionals may attend for half the regular workshop cost.